

Safety

1. Racers must be 16 years of age or older to participate.
2. All bed racers **MUST** sign the Waiver of Liability and acknowledgement of the Bed Race Rules and Regulations before participating in the race. Minors must have parent/guardian signature
3. Rider must wear helmet.
4. All runners/pushers should wear athletic shoes suitable for street running.
5. All beds will be inspected for compliance with the rules before being allowed to enter a race. Beds that do not pass inspection will have an opportunity for correction. If a correction cannot or is not made, the team will be disqualified with no refund of registration fee.

TEAMS

1. Racing teams shall consist of one rider and four runners/pushers.

During the Race

1. Bed riders must sit or lay flat on the bed. *Remember, this is not a surfing competition!*
2. *All runners/pushers must be in control of their bed until it comes to a complete stop.*
3. *Teams should not interfere or impede the progress of an opposing team.*
4. *Pushing the bed only during the race, no pulling.*
5. *All 5 team members must pass finish line (with the bed) in order to win.*